Greenways Primary Academy

A part of Windsor Academy Trust

Executive Headteacher
Miss J Garside

Place of registration: England

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Re: New scheme of learning for PSHE/RHE

Dear Parents/Carers,

From this September, we are going to be using a new PSHE scheme of learning from Early Years to Year 6. The scheme is called 1decision and parents can find out more here: Parent/carer Zone: RSHE and PSHE Support and Guidance.

Within the Primary PSHE curriculum, there are multiple areas that we cover including:

- Keeping/Staying Safe
- Keeping/Staying Healthy
- Relationships
- Growing & Changing
- Being Responsible
- Feelings & Emotions
- Computer Safety
- Our World/The Working World
- Hazard Watch
- A World Without Judgement
- Fire Safety
- First Aid

The information below will provide you with an oversight of our approach to PSHE and some of the key messages pupils will receive.

Introduction

For the purposes of this information letter, we are going to use the term parents and carers. This means anyone who has a caring role for children. However, we are not underestimating the important part that grandparents, aunties, uncles and older siblings can play in talking to children about relationships. It would, therefore, be a good idea to consider sharing this information with those pivotal people within your wider family unit.

From September 2020, Relationships, Sex and Health Education (RSHE) became statutory in primary schools. This means that the government has stipulated that all schools must teach these topics as part of the curriculum, just like other important subjects like English and maths.

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In primary schools, sex education is not compulsory, however, the Department for Education (DfE) strongly advises that schools continue to deliver some elements of sex education to ensure that children have the skills to develop positive and healthy relationships in adolescence, whilst also understanding how to keep themselves safe from harm.
If you would like to have a look at the DfE guidance, this can be found on the school website.

This September, we are going to be moving to a new scheme of learning called 1decision. Having reviewed the content of the Year 6 Conception unit, which bridges from relationship education to sex education, we have decided **not to teach** sex education.
Having reviewed the rest of the scheme from Early Years to Year 6, you can be reassured that this programme of videos, workbooks and interactive activities has been sensitively developed to teach children about relationships using an age-appropriate and sequential approach. If you would like to view these resources, please look on the school website for topic overviews and the RHE policy.

Delivering RHE - 1decision

EYFS:

The 1decision resources are designed to initiate conversations about feelings and emotions in early years, using colourful animated storybooks.

Key Stage One:

In key stage 1, the programme introduces the concept of appropriate touch and teaches them the skills they need to keep themselves safe. In years 1 and 2, pupils will learn about the correct words to use for their external genitalia as naming body parts is covered as part of national curriculum science. They may come home using words, like penis, vulva and vagina. There is a very important reason for this. Although you may have a family name for genitals that you feel more comfortable using, it is vital that a teacher understands immediately if a child is telling them about something that constitutes a safeguarding concern. If a child uses words like 'cookie,' or 'fairy,' something important could be missed.
You can support the school by explaining the correct words at home and by talking to your children about what is a private area of the body. In school we also use the NSPCC Talk Pants resource which parents can also access free of charge from home: TALK PANTS: Conversation to help keep children safe | NSPCC

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As your child progresses through key stage one, the 1decision resources will cover the relationships element of the statutory guidance, using a range of videos, quizzes and interactive activities. Learning about how to use the internet and social media wisely and how and when to report anything that is potentially harmful, including online bullying are covered by the 1decision resources in key stage 1 and 2.

Key Stage Two:

In key stage 2, your child will learn about puberty. This is now part of the health curriculum and you will not be able to withdraw your child from this element. The guidance is clear that it expects puberty to be taught to children prior to onset so that they are prepared for the physical and emotional changes that it brings. This topic will be introduced in year 4 , taught more in detail in year 5 and learning will be consolidated in year 6. Every conversation will be age-appropriate, and the content will be tailored to the cohort of children in that current year group, which can change year on year. To support the delivery of this topic 1decision have produced an age-appropriate video which explains the physical and emotional changes that children will experience at the onset, and during puberty.

RHE and Science

Following on from puberty, pupils will be shown 1decision video's relating to different sorts of relationships, the law, pregnancy, and the birth of a baby. This will be delivered in year 6. The aim of these lessons is to ensure that both boys and girls are prepared for the changes that adolescence brings and have all the skills and information that they need prior to the transition to secondary school. In school, we cover all of the above content within the science national curriculum,, which is a statutory subject. You do not have the right to withdraw your child from science lessons.

We understand that some parents may have some questions about the above information and we actively encourage you to visit the 1decision website: Parent/carer Zone: RSHE and PSHE Support and Guidance. All of the curriculum overviews can be found on our school website www.greenways primaryacademy.org.uk and your child's class teacher will be more than happy to talk to you with any specific questions linked to your child.

We appreciate your on-going support and we look forward to sharing the new learning with the pupils to further support their education whilst in primary school.

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Best wishes,

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